



Approved by:



You And I (page 1)

4 WALL - 128 COUNTS PHRASED - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
PART A Section 1 1 - 2 3 - 4 5 - 6 7 - 8	Slide, Hold, Back Rock, Side, Hold, Behind, 1/4 Turn Slide left long step to left side. Hold. Rock right back behind left. Recover onto right. Step right long step to right side. Hold. Step left behind right. Make 1/4 turn right stepping right forward. (3:00)	Slide Hold Back Rock Side Hold Behind Turn	Left On the spot Right Turning right
Section 2 1 - 2 3 - 6 7 - 8	Step, Pivot 1/2, Forward Shuffle, Hold, Forward Rock Step left forward. Pivot 1/2 turn right (weight on left). (9:00) Step right forward. Close left beside right. Step right forward. Hold Rock forward on left. Recover onto right.	Step Pivot Shuffle Hold Rock Recover	Turning right Forward On the spot
Section 3 1 - 2 3 4 - 6 7 - 8	Back, Hold, Sweep Coaster Step 1/4 Turn, Hold, Forward Rock Step left back. Hold. Sweep right out from front making 1/4 turn right and stepping right back. Step left beside right. Step right forward. Hold. (12:00) Rock forward on left. Recover onto right.	Back Hold Turn Coaster Hold Forward Rock	Back Turning right On the spot
Section 4 1 - 2 3 - 4 5 - 6 7 - 8	Back, Sweep, Behind, Sweep, Behind, Step, Step, Hold Step left back. Sweep right out and around from front. Step right behind left. Sweep left out and around from front. Step left behind right. Step right forward on right diagonal. Step left forward on right diagonal. Hold.	Back Sweep Behind Sweep Behind Step Step Hold	Back Forward
Section 5 1 - 2 3 - 4 5 - 6 7 - 8	Step, Hold, Back, Behind, Side, Hold, Cross Rock Step right forward on right diagonal. Hold. Step left back. Step right behind left. Step left to left side. Hold. Cross rock right over left. Recover onto left.	Forward Hold Back Behind Side Hold Cross Rock	Forward Back Left On the spot
Section 6 1 - 2 3 - 4 5 - 8	1/4 Turn, Step, Pivot 1/2, Sway, Hold, Sway, Hold Make 1/4 turn right stepping right forward. Hold. (3:00) Step left forward. Pivot 3/4 turn right. (12:00) Sway left. Hold. Sway right. Hold.	Turn Hold Step Pivot Sway Sway	Turning right On the spot
Section 7 1 - 2 3 - 4 5 - 6 7 - 8	1/2 Turn, Hold, Cross Rock, Side, Hold, Cross Rock Make 1/2 turn right stepping left to left side. Hold. (6:00) Cross rock right over left. Recover onto left. Step right to right side. Hold. Cross rock left over right. Recover onto left.	Turn Hold Cross Rock Side Hold Cross Rock	Turning right On the spot Right On the spot
Section 8 1 - 2 3 - 4 5 - 6 7 - 8	1/4 Turn, Hold, Step, Pivot 1/4, Cross, Hold, Side, Together Make 1/4 turn left stepping left forward. Hold. Step right forward. Pivot 1/4 turn left. (12:00) Cross right over left. Hold. Step left to left side. Step right beside left.	Turn Hold Step Turn Cross Hold Side Together	Turning left Left
Tag 1 - 2 3 - 4 5 - 8	Danced only once at the end of the second A pattern: Step left to left side. Hold. Rock back on right behind left. Recover onto left. Step right to right side. Hold. Touch left beside right. Hold.	Side Hold Back Rock Side Hold Touch Hold	Left On the spot

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You And I (page 2)

4 WALL - 128 COUNTS PHRASED - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
PART B Section 1 1 & 2 3 - 4 5 & 6 7 - 8	Chasse, Back Rock, Kick Ball Cross, Side Rock Step left to left side. Close right beside left. Step left to left side. Rock back on right. Recover onto left. Kick right diagonally right. Step right beside left. Cross left over right. Rock right to right side. Recover onto left.	Side Close Side Back Rock Kick Ball Cross Side Rock	Left On the spot Right On the spot
Section 2 1 & 2 3 - 4 5 - 6 7 & 8	Sailor 1/2 Turn, Step, Touch, Point, Hitch 1/2 Turn, Forward Lock Step Cross right behind left. Turn 1/4 right stepping left to side. Step right 1/4 right. Step left forward. Touch right toe forward. Point right to right side. Hitch right knee and make 1/2 turn right. (12:00) Step right forward. Lock left behind right. Step right forward.	Sailor Turn Step Touch Point Turn Right Lock Right	Turning right Forward Turning right Forward
Section 3 1 - 2 3 & 4 5 & 6 7 & 8	Forward Rock, Shuffle 1/2 Turn x 2, Coaster Step Rock forward on left. Recover onto right. Shuffle step 1/2 turn left, stepping - left, right, left. Shuffle step 1/2 turn left, stepping - right, left, right. Step left back. Step right beside left. Step left forward.	Forward Rock Shuffle Turn Shuffle Turn Coaster Step	On the spot Turning left On the spot
Section 4 1 - 2 3 & 4 5 - 6 7 & 8	Walk Forward x 2, Forward Mambo Step, Walk Back x 2, Coaster Cross Walk forward right. Walk forward left. Rock forward on right. Rock back on left. Step right back. Walk back on left. Walk back right. Step left back. Step right beside left. Cross left over right.	Right Left Mambo Step Back Back Coaster Cross	Forward On the spot Back On the spot
Section 5 1 - 2 3 & 4 5 - 6 7 & 8	Side Rock, Cross Shuffle, Side Rock, Cross Shuffle Rock right to right side. Recover onto left. Cross right over left. Step left to left side. Cross right over left. Rock left to left side. Recover onto right. Cross left over right. Step right to right side. Cross left over right.	Side Rock Cross Shuffle Side Rock Cross Shuffle	On the spot Left On the spot Right
Section 6 1 - 2 3 - 4 5 & 6 7 - 8	1/2 Turn, Cross Rock, Chasse 1/4 Turn, Full Turn (Travelling Forward) Make 1/4 turn left stepping right back. Make 1/4 turn left stepping left to side. Cross rock right over left. Recover onto left. Step right to side. Close left beside right. Turn 1/4 right stepping right forward. Make 1/2 turn right stepping left back. Make 1/2 turn right stepping right forward.	Turn Turn Cross Rock Side Close Turn Full Turn	Turning left On the spot Turning right
Section 7 1 - 2 3 & 4 5 - 6 7 - 8	Forward Rock, Coaster Step, Step, Pivot 1/2, Walk Forward x 2 Rock forward on left. Recover onto right. Step left back. Step right beside left. Step left forward. Step right forward. Pivot 1/2 turn left. Walk forward right. Walk forward left.	Forward Rock Coaster Step Step Pivot Right Left	On the spot Turning left Forward
Section 8 1 - 2 3 & 4 5 - 6 7 - 8	Forward Rock, Coaster Step, Cross, Side, Back Rock Rock forward on right. Recover onto left. Step right back. Step left beside right. Step right forward. Cross left over right. Step right to right side. Rock back on left. Recover onto right.	Forward Rock Coaster Step Cross Side Back Rock	On the spot Right On the spot

Choreographers Notes: Pattern sequence is AA, Tag, B to end of dance

Tag: An 8-count Tag is danced after the second pattern of Part A

Choreographed by: 'Óli Geir & Huguín (Iceland) July 2009

Choreographed to: 'Someday' by Hera Böjrk (135 bpm) from CD Dansk Melodi

Grand Prix 2009 available from

cdon.eu.music/various_artists/dansk_melodi_grand_prix_2009-4072436

or www.eurovisionary.com/node/1823 (32 count intro)