

IT'S A COUNTRY THING

Count: 48

Wall: 4

Level: intermediate

Choreographer: Tim Hand

Music: I'm From The Country by Tracy Byrd

RIGHT SIDE SHUFFLE, ROCK RECOVER, LEFT SIDE SHUFFLE, ROCK RECOVER

1&2 Right step side right, left step next to right, right step side right

3-4 Left rock back, right step in place

5&6-7-8 Repeat above steps to left

RIGHT KICK & LEFT CROSS STEP (REPEAT), RIGHT SIDE ROCK, SAILOR STEP

1&2 Right kick forward, right step home/slightly back, left step across right

3&4 Right kick forward, right step home/slightly back, left step across right

5-6 Right rock side right, left step in place

7&8 Right step across behind left, left step side left, right step side right

LEFT KICK & RIGHT CROSS STEP (REPEAT), LEFT SIDE ROCK, SAILOR STEP

1&2 Left kick forward, left step home/slightly back, right step across left

3&4 Left kick forward, left step home/slightly back, right step across left

5-6 Left rock side left, right step in place

7&8 Left step across behind right, right step side right, left step side left

CHARLESTONS

1-2 Step right forward, left kick forward

3-4 Step left back, right toe touch back

5-6 Step right forward, left kick forward

7-8 Step left back, right toe touch back

RIGHT STOMP HOLD, LEFT STOMP HOLD, HEEL GRIND ¼ TURN, COASTER STEP

1-2 Right stomp forward, hold

3-4 Left stomp next to right, hold

5-6 Right heel grind in place angling right toe left, right heel grind turning toe right while pivoting ¼ right keeping weight on left

7&8 Step right back, left step next to right, step right forward

STOMP RIGHT, STOMP LEFT, CROSS RIGHT ARM, CROSS LEFT ARM, NODS RIGHT & LEFT

1-2 Left stomp forward, right stomp next to left (slightly apart)

3-4 Right hand slap to left arm just above elbow, left hand cross to right arm just above elbow

Arms are now crossed in front of chest, left over right, Indian style

5-6 Turn head right and nod twice

7-8 Turn head left and nod twice

Uncross arms and look forward

REPEAT